



**CRAWFORD
TECH**

Crawford County Career & Technical Center

***Sports Medicine and
Rehabilitation Science
(Tentative)
Instructional Sequence Chart***

Year 1	<u>1st Quarter</u> <ul style="list-style-type: none"> • Orientation and Safety • Intro to Anatomy & Physiology • Infection Control & Disease Transmission 	<u>2nd Quarter</u> <ul style="list-style-type: none"> • Integumentary & Skeletal Systems • Muscular & Nervous Systems • Career Pathways 	<u>3rd Quarter</u> <ul style="list-style-type: none"> • Cardiovascular & Endocrine System • Lymphatic & Respiratory Systems • Medical Terminology 	<u>4th Quarter</u> <ul style="list-style-type: none"> • Urinary & Digestive Systems • Reproductive & Immune Systems • Gait Pattern
Year 2	<u>1st Quarter</u> <ul style="list-style-type: none"> • Safety Practices & Employability • Emergency Care 	<u>2nd Quarter</u> <ul style="list-style-type: none"> • Fitness Testing • Nutrition & Hydration • Clinical Skills 	<u>3rd Quarter</u> <ul style="list-style-type: none"> • Exercise Design & Prescription • Modalities 	<u>4th Quarter</u> <ul style="list-style-type: none"> • Organizational & Professional Health • Rehabilitation Practices • Sport Psychology
Year 3	<u>1st Quarter</u> <ul style="list-style-type: none"> • Documentation & Professional Portfolio • Injury Recognition and Prevention 	<u>2nd Quarter</u> <ul style="list-style-type: none"> • Pharmacology • Treatment & Rehabilitation 	<u>3rd Quarter</u> <ul style="list-style-type: none"> • Human Development & Mental Health • Weight Management 	<u>4th Quarter</u> <ul style="list-style-type: none"> • Legal & Ethical Issues • Professional Practices