

TECH TALK

What's new at Crawford Tech

Welcome to the FIRST edition of Crawford Tech Talk! We are so excited to begin the 2023-2024 school year with the addition of a school newsletter intended to inform, celebrate and highlight all the great happenings at Crawford Tech this year.

From the creation of Sports Medicine and Rehabilitative Sciences at Crawford Tech to the hiring of several new employees we are growing as the county's career and technical school. And, our enrollment has increased by over 60 students since last year. Other achievements include record breaking figures in the number of Tech seniors gainfully employed in our community through our Diversified Occupations, and Cooperative Education Programs!



Skills USA at Crawford Tech

Skills USA is a national student and tech organization that partners technical school students, instructors and business and industry. At the core of Skills USA is the promotion of skilled and workforce ready graduates. Skills USA is designated to technical schools only throughout the United States and currently represents around 400,000 career and technical education students and instructors nationwide.

This month Crawford Tech kicked off our annual fundraiser with the Daffin's candy bar sale. Last year our Skills students broke a record selling 1,500 CASES of candy bars and raising approximately \$12,000! Great job! Let's see if Crawford Tech students can break their own record.

October is jammed packed with various Skills events--please check the bulletin board at the "T" in Crawford Tech or inquire with Mr. or Mrs. Saulsbery our Skills USA Advisors.

CLEAN UP DAY MAY 2023

Every spring Crawford Tech conducts a clean up day with all of our instructors, aides, students and many others. This year students and staff spent the day working together as they planted flowers and shrubs, laid mulch and made our campus look beautiful. All while having a great time working together in true team spirit! Check out this group enjoying a crisp spring clean up day. Thank you to everyone who helped make Crawford Tech look amazing!

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Welcome new Crawford Tech Staff

We welcome two new instructors, one instructional aide and a new book keeper for the 2023-2024 school year!

Will Sheasley is our new Electrical Occupations Instructor. Mr. Sheasley, a Journeyman Electrician owned his own electrical business prior to joining Crawford Tech. He loves helping others by providing quality electrical service and is excited to begin his career training the next generation of Tech electricians.

Jenny Shearer is our new Sports Medicine and Rehabilitative Sciences Instructor. Mrs. Shearer brings over 20 years of experience as a clinical and physical therapy assistant. After working in outpatient, inpatient and rehabilitative settings she was ready for a change.

Stacey Sabruno joined our team as an Instructional Aide. Mrs. Sabruno is a licensed cosmetologist and worked in the field for 33 years. Before coming to Crawford Tech she worked in the emotional support classroom for Penncrest School District.

Karen Faivre began as our new Bookkeeper as well. Mrs. Faivre has over 35 years experience in accounting and bookkeeping. She loves bookkeeping so much that in her spare time Karen is also the office manager for her husband's tool and die shop!
WELCOME ALL NEW STAFF!

Crawford Tech in the local news

Many new and exciting things are happening here at Crawford Tech. Recently our staff and school have been the focus of the local news via The Meadville Tribune. Check out the following articles to read more about Crawford Tech's staff milestones and our innovative plans for the school and our local community.

Our own Bev Barickman was recently featured in the Meadville Tribune for her years of service and dedication to Crawford Tech and our students.

https://meadvilletribune-cnhi.newsmemory.com/?publink=9736fe5b5_134acd0

Crawford Tech is taking an aggressive approach to recruit and train skilled machinists to help fill a gap in our local industry. Check out Crawford Tech's plans as we partner with local businesses to address this need.

https://www.meadvilletribune.com/news/crawford-tech-working-to-attract-more-to-manufacturing-careers/article_f1d62026-272f-11ee-8524-9ba0470e3cec.html



Upcoming Events/Important Dates:

10-9-23: No School--Teacher In Service Day
10-27-23: No School

10-29-23: Annual Halloween Parade--Our students are already hard at work. Will we bring home a 3rd consecutive Youth Float championship? Stay tuned.

11-15-23: Crawford Tech Open House. Come and check out all that is Crawford Tech!

← **Check out Mr. Saulsbery as he and Crawford Tech students raise a new American Flag on clean-up day last May.**

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Deep Thoughts With Student Services

Do you remember the last time someone was kind to you? A teacher, friend, classmate or total stranger held the door for you, let you cut in a busy line or even secretly picked up your dinner bill. Maybe you have even wondered why some people are more kind than others and what do we really get from being kind? Well it just so happens we benefit a great deal from kindness, whether giving or receiving. Scientific research indicates kindness is good for our health. Here are a few of those benefits.

- Kindness produces endorphins or natural pain killers.
- Kindness lowers the stress hormone cortisol which is linked to diabetes, heart disease and cancer. People who engage in repeated acts of kindness age TWO TIMES slower than average. Throw out that wrinkle cream ladies.
- Practicing regular kindness increases self-esteem, empathy and reduces anxiety and depression.

But what does it mean to be kind? What are the traits of kindness? After more research several common characteristics became evident. They include:

- Giving without expectation
- Helpful
- Gentle and patient
- Nonjudgemental and quick to forgive
- Respectful of others
- They practice self-care and self kindness

Let's not underestimate the power of kindness here at Crawford Tech. Let's challenge ourselves and each other to be more kind every day to our friends, classmates, colleagues, bosses, students, parents, strangers and ourselves...

Until Next Month--
The Student Services Team



CHECK OUT MR. MEALY WITH HIS HVAC CREW!

OCTOBER BIRTHDAYS

Health Occupations:

Lacey M. 10/28

Cosmetology:

Emma L. 10/26

Drafting:

Aiden B. 10/04

Casey F 10/19

Gabriel J. 10/29

Edward S 10/25

Veterinary Sciences:

Eiley G. 10/19

Kennedy W. 10/21

Electrical Occupations:

Darren C. 10/25

Mason H. 10/25

Noah M. 10/09

Electronics Technology:

Dean C. 10/18

Tanner G. 10/09

Dylan P. 10/13

Culinary Arts

David C. 10/03

Maddy L. 10/25

HVAC:

John S. 10/06

Carson W. 10/04

Carpentry:

Colton C. 10/26

Darrin P. 10/17

Machining:

Cameron G. 10/26

Auto Technology:

Mary J. 10/24

Dominic K. 10/28

Dane K. 10/03

Shelby Spiegel 10/29

Welding:

Isaiah H. 10/15

Lily H. 10/05