

TECH TALK

What's new at Crawford Tech

Crawford Tech hopes everyone had an awesome Easter break!

In late March Crawford Tech sent acceptance letters to 205 applicants for the 2024-2025 school year. According to Mrs. Peterson, this is the largest number of new students coming into Crawford Tech in over five years!

Congratulations to all of our new 2024-2025 Crawford Tech students--see you next school year!

On April 10 Crawford Tech will participate in the annual Crawford County 8th Grade Career Fair at Allegheny College. Each year Crawford Tech sends two students from each shop to represent and discuss their programs. Last year approximately 60 vendors and 750 8th grade students were in attendance! We look forward to another successful Career Fair.

Rustee Lutz, Ashlynn Brunot and Zoe Villalba from Health Occupations hosted a "mental health awareness week" from 3-11 through 3-15 at Crawford Tech as part of their Skills USA Career Pathways, Health Sciences and Mental Health Awareness competition. These ladies titled their project, "Do You Keep Things Bottled Up?" Each day students were provided with a different mental health tip and special activity or treat including chocolate, stress balls, outdoor breaks with chalk, bubbles and hula hoops. The last day of the event included CHAPS providing an information booth for students to learn more about their programs, and Mrs. Saulsbery recruited two therapy dogs to visit with students and staff. Great job to our Health Occupations students and Mrs. Saulsbery!

Skills USA and NTHS at Crawford Tech

On April 2 Crawford Tech had eight students embark on their journey to the Pennsylvania State Skills USA competition in Hershey.

The students were accompanied by Mr. and Mrs. Saulsbery our Skills USA Advisors and Mr. Kightlinger our Electronics Technology Instructor.

Our state competitors include:

- Jacob Graham/Electronics Technology
- Reagan Bohrer/Health Occupations
- Nathaniel Gordon/Computer and Information Systems
- Connor Kearns/HVAC
- Cienna Guthrie/ Cosmetology
- Rustee Lutz, Ashlynn Brunot and Zoe Villalba/Health Occupations Team Competition.

The following students placed at the PA Skills USA

Competition: **Jacob Graham-2nd place Electronics, Cienna Guthrie-2nd place Cosmetology under 500 and the Health Occupations students: Rustee Lutz, Ashlynn Brunot and Zoe Villalba-2nd place Career Pathways and Health Sciences Team competition.**

CONGRATULATIONS TECH STUDENTS! WE ARE PROUD OF YOU ALL!

National ProStart Invitational

Crawford Tech has 10 Culinary students competing in the National ProStart Invitational (NPSI) in Baltimore on April 26, 27 and 28. As mentioned last month, this group of students brought home 2 first place prizes in the Pennsylvania ProStart competition in late February.

NPSI is the country's leading secondary school competition focused on culinary arts and restaurant management. Around 400 students from across the country showcase their talents and abilities in front of industry leaders, National Restaurant Association and Educational Foundation (NRAEF) Trustees, state restaurant associations and spectators.

Charris Hall, Lexi Skelton, Grace Worley, Madi Ly and Evelyn Kelly will present their proposal for an exciting, new restaurant concept called Le Stelle. They will be put to the test as industry judges expect them to problem solve every day challenges in the restaurant industry. Meanwhile, Gabe Clayton, Christian Durham-Lencioni, Simon Farrelly-Jackson, Caidence Meacham and Sam Little will compete in the culinary competition. These young chefs will show their talent and abilities through the creation of a three-course meal in only 60 minutes. They will be judged on taste, skill, teamwork, safety and sanitation. **Good Luck Culinary Students! You make Crawford Tech Proud!**

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Staff Spotlight Bev Barickman

Bev Barickman has decided to retire after 20 years with Crawford Tech. During her time here, Bev always made sure she spoke to all the students she encountered, decorated our hallways for every holiday and took extra good care of our space. No matter the day of week, you can usually hear Bev coming when she arrives for her shift! Bev is full of energy and always has a kind word. Thank you Bev, for taking such good care of all of us!

How did you know it was time to retire? When Eric Sherman passed away earlier this year. Eric was only two years older than me.

What plans do you have for your retirement? Staying home with my dogs.

What did you enjoy most about working at Crawford Tech? The kids. They are great.

What is one of your fondest memories? The end of year Relay Day every year when students, instructors and staff just get to have fun together.

Hidden Talent? That I can be nice AND quiet:)

Who have been your favorite people to work with? Eric, Gary and oh yeah- Rick too.

What would students and coworkers be surprised to know about you? That I will miss them.

What do you think you will miss the most? The students.

What is one of the biggest changes you have seen after 30 years at Crawford Tech? Everything now being locked.

If you could pass on any wisdom to your students and colleagues, what would it be? Do what you like and have fun, because most of your life is spent at work.

HAPPY RETIREMENT BEV! WE WILL MISS YOU!

Crawford Tech March Birthdays

Auto Collision: Cameron Boblentz 4-25

Auto Tech: Kaleb Field 4-3.

Carpentry: Isaac McCauley 4-1, Aiden Pinkerton 4-18, Steven Thornton 4-1.

Computer: Ryan Piper 4-26.

Cooperative Education: Jayna Graff 4-12.

Cosmetology: McKenzie Anderson 4-16, Elora Dillinger 4-23, Reneta Doubet 4-16, Heather Garris 4-6, Adryanna Mullen 4-11, Julia O'Day 4-24, Mackenzie Shaulis 4-29.

Culinary Arts: Antjuan Brown 4-3, Cadence Legare 4-9, Michaela McIntyre 4-26, Caidence Meacham 4-1, Desiree Morin 4-8, Madison Snyder 4-17.

Diesel Tech: Brendon Helch 4-23, Ryan Higgins 4-8, Raya Schlosser 4-4.

Electrical Occupations: Daniel Bartholomew 4-11, Jacob LeSuer 4-21.

Electronics Technology: Jakob Breth 4-27, Kiley Dent 4-29, Daniel Olenick 4-25, Chase Stewart 4-10.

Health Occupations: Reagan Bohrer 4-27, Kyrsten Feeney 4-13, Zoe Villalba 4-24, Alaina Webster 4-15, Mackenzie Yarnell 4-15.

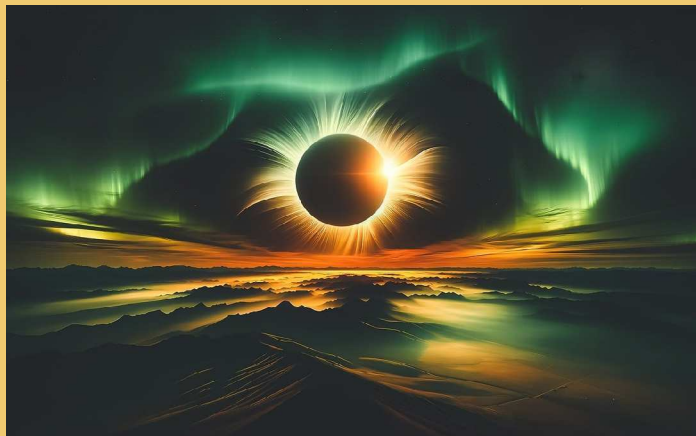
HVAC: Bennett Carico 4-11, Connor Kearns 4-25.

Precision Machining: Terrance Wallace 4-17, Toby Wallace 4-17.

Sports Med: Nicole Shoemaker 4-16, Morgan Wallace 4-23.

Vet Sciences: Lunden Mead 4-16, Emily Randolph 4-17.

Welding: Chase Blake 4-14, Jillian Campbell 4-8, Maxwell Dillaman 4-12, Aidan Fuller 4-26, Elizabeth Pringle 4-16, Peyton Styche 4-4, Tyler Twilla 4-1, Garrett Ward 4-24
(CVMS) HAPPY BIRTHDAY TECH STUDENTS!



Upcoming Events/Important Dates:

Crawford Tech closed: 4-8-24 Solar Eclipse.
School resumes 4-9.

NTHS Induction Ceremony: 4-17-24 at 5:00 pm in the multi purpose room.

National ProStart Invitational: 4-26-24 through 4-28-24 Baltimore, MD.

Enjoy the solar eclipse on 4-8-24!

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Deep Thoughts With Student Services

We've all heard the importance of resilience as a personality and character trait. Studies show that resilient people tend to be happier and are more successful. There are a variety of definitions for resilience. However, there is a common theme--Resilience is the ability to bounce back from adversity and setbacks and adapt to change. In fact, according to a recent article published on LinkedIn, resilience is often "the unspoken secret behind the world's most accomplished individuals."

We see resilience, or lack thereof, in the people and students we interact with every day. Some people are just better at handling change; they get up when life knocks them down and face challenges head-on. But what about people who lack resilience? While most individuals are instinctively resilient to a degree; insecurity, fear and self-doubt often take over during difficult times and inhibit our resilience. The good news is that resilience can be practiced and taught to our students. Here's how.

Create a positive, supportive, and safe learning environment. Encourage students to try new things and reassure them that even if they make a mistake or encounter a setback, there is still growth and learning taking place. When students feel supported and safe, even if they fail or make mistakes, it helps build their confidence and resilience.

Celebrate and focus on student progress, not just the wins. Resilience is more about the steps taken on the journey, not the outcome. When we only celebrate success, students start to believe that success is the only thing that matters. Help students set attainable goals. Taking a project and breaking it into smaller, less intimidating steps helps students stay positive, and therefore less likely to get discouraged and give up.

Lastly, one of the best ways to build student resilience is to show students they are part of something bigger than themselves and valuable to our school. When students believe they matter on a larger scale, it helps them remain optimistic, meaning they are better able to push through hard times.

Life throws us curveballs, let's help our students knock them out of the park!

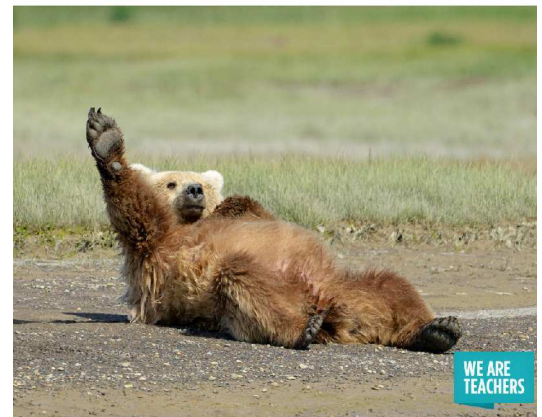
JUST FOR FUN

**ME: TRYING TO QUIETLY SNEAK A
SNACK AT MY DESK WHILE MY
STUDENTS ARE WORKING**

MY STUDENTS:



**USING THE LAST OF MY AVAILABLE ENERGY
TO SAY GOODBYE TO MY STUDENTS
AS THEY LEAVE ON FRIDAY AFTERNOON**



**THERE ARE TWO KINDS OF TEACHER
CHAPERONES ON FIELD TRIPS**



TEACHERS BE LIKE...



Is it summer yet??