

July 23, 2020

Dear Health Occupations Students and Parents/Guardians:

Welcome to the Health Occupations program at the Crawford County Career & Technical Center. My name is Cynthia Saulsbery, and I am the instructor for the Health Occupations program.

This is going to be a very **busy** year! As you get ready for this year, there are several things that you will need to be successful in this class and in the health care field. First, and most importantly, it is always important for you to have a **positive attitude and a sense of responsibility**. In addition, you will also be **required** to have the following items **PRIOR to the start of classes**:

- **One Extra Large Three-Ring Binder** (Previous students recommend purchasing the largest (*at least* 5 inches) you can find as there will be a lot of paperwork that you will be required to keep on hand). Or, you can buy 4 - 2 inch binders, one for each quarter
- **Watch with a second hand**
- **1 Navy Uniform** (a top and a pant); Color **MUST** be Navy, no other colors allowed
- **White Shoes** leather or leather like. **NO CLOTH!** NO holes or mesh in shoes
- **Proof of Hepatitis B immunity**
- **School supplies: 8 tab dividers, pencils, pens, paper/notebook, a lot of notecards**

You can find the required navy blue uniforms at Wal-Mart and other places. Wal-Mart carries the brand *Simply Basic* and it costs approximately \$15.00 per item. Some Dollar General Stores also carry navy scrubs. You will only need to purchase 1 v-neck uniform top and 1 pair of pants. Do not remove the tags until I have inspected them to be sure they are the correct items. You will also need white shoes (**leather or leather like without holes or mesh**) that will **not** be worn except for class and clinical. Be sure to try on the shoes with socks to be sure they fit appropriately and are comfortable.

As you enter the Health Occupations course, you will be required to provide proof of your **Hepatitis B immunization** series. This immunization (a series of 3 injections over six

months) is required by health care facilities or agencies when working with patients due to state and federal laws. Most, if not all, of you received the series as infants. In this case, you will need to obtain a copy of this immunization from your doctor and provide it to me. If you have not had this immunization, you will need to either contact your doctor or the Department of Health to begin the series. Any questions regarding benefits and risks of the Hepatitis B immunization should be referred to your physician.

In addition to the required items, it is suggested, but not required, that you purchase a stethoscope and a sphygmomanometer (blood pressure cuff). Once school begins, I will discuss this with you further and give you suggestions of where to purchase an economical, quality stethoscope and sphygmomanometer (blood pressure cuff) should you wish to do so. The cost of both items together should be no more than \$35.00 to \$40.00. Again, this is only a suggestion, not a requirement. The classroom has both items available for you to practice during class.

Sincerely,

Cynthia Saulsbery
Health Occupations Instructor

HEPATITIS B IMMUNIZATION

Informed Consent/Refusal

I have had a chance to ask questions of my physician and those were answered to my satisfaction.

I believe I understand the benefits and risks of Hepatitis B vaccine and choose to accept the immunization against Hepatitis B. To the best of my knowledge I do not have any active infection nor am I pregnant or nursing an infant.

Student Name _____

Parent/Guardian _____

Counseled by (Physician) _____ Date _____

Immunized by Physician _____

1st Dose _____ 2nd Dose _____ 3rd Dose _____
Date Date Date

PLEASE RETURN THIS FORM TO CCCTC